

March 4, 2018



Our Lady

CATHOLIC CHURCH

of Angels

13752 Mary's Way • Woodbridge, VA 22191
www.olacc.org

PASTOR.....*Reverend J. Kevin O'Keefe*
PAROCHIAL VICAR.....*Reverend Alexander Díaz*
PAROCHIAL VICAR.....*Reverend Thomas B. Cavanaugh*
PAROCHIAL VICAR.....*Reverend Zacarías Martínez*
DEACON*Deacon Anthony Calderón*

PARISH OFFICE703-494-2444, 703-494-5015
Fax 703-494-0005
RELIGIOUS EDUCATION703-494-3696
YOUTH MINISTRY703-491-9459
ST. THOMAS AQUINAS REGIONAL SCHOOL703-491-4447

Serving OLA Parishioners Grades PK-8

*WEEKLY MASS SCHEDULE

Sunday.....English Masses:8:00 AM, 9:30 AM, 11:00 AM, 5:15 PM
Spanish Masses:12:30 PM, 2:00 PM
Thursday.....7:00 PM
Monday through Friday6:30 AM, 9:00 AM
Saturday.....9:00 AM *Vigil Masses* 5:00 PM, 6:30 PM (Spanish)

PENANCE

Monday & Friday evenings6:30 PM
Tuesday and Thursday mornings.....8:30 AM
Saturday.....3:30 PM

All Confessions are until line ends

MATRIMONY

Please contact the Rectory at least (6) months in advance.

BAPTISM

Please contact the rectory after attending the Baptism Instruction class
3rd. Monday 7:30 PM. Conference Room, lower level of church.

PERPETUAL ADORATION CHAPEL

To commit to a regular hour each week, email: Santisimo24hrsadoration@yahoo.com or
Call the Rectory Office at 703-494-2444

HOLY DAY MASS SCHEDULE

Vigil 7:00 PM, Day 6:30, 9:00, 10:45 AM (Aquinas School Mass - during school year only) and 7:00, 8:30 PM (Spanish)
(Times subject to change when a Holy Day falls on Saturday or Monday)

NUESTRA SEÑORA DE LOS ANGELES

MASS INTENTIONS

Mon	03/05	6:30 AM	James Foos †
		9:00 AM	Virginia Parker †
		7:30 PM	Mario Reyes Ortiz †
Tue	03/06	6:30 AM	In Thanksgiving
		9:00 AM	Frank Pender †
Wed	03/07	6:30 AM	Lyndsey West
		9:00 AM	John Carroll †
		10:45 AM	Aquinas Mass
Thu	03/08	6:30 AM	Eleonore & Clye Richards
		9:00 AM	Mary Ellen & Patrick McDonough
		7:00 PM	Alejandra Alarcon
Fri	03/09	6:30 AM	Clydie & Ashley Richards
		9:00 AM	Camilla Richards
Sat	03/10	9:00 AM	Victor Saint-Preux †
		5:00 PM	Michael Burba †
		6:30 PM	Oscar & Hortensia Cordova †
Sun	03/11	8:00 AM	People of OLA
		9:30 AM	Knights of Columbus
		11:00 AM	Eileen Akers †
		12:30 AM	Bertha Alburquerque
		2:00 PM	Micaela Castro †
		5:15 PM	Eileen Soares †

COLLECTIONS

This Week:	03/04	1) Regular 2) Parish Maintenance
Next Week:	03/11	1) Regular 2) Catholic Relief Services

2018 BISHOP'S LENTEN APPEAL



The Bishop's Lenten Appeal is in full swing and we are asking every household in our parish to support this appeal to the extent that they are able. The BLA funds many programs, services and ministries that serve people in need and furthers the Gospel mission of Jesus Christ in our diocese. Let us join

together to do the Lord's work – works that touch the lives and souls of thousands of people in our diocese. Thank you!



Could Christ be calling you to the priesthood? Take a step to find out. Attend the weekend discernment **Retreat For Men** (ages 17-55) March 23-25. This is a great opportunity for prayer and discernment, confession, talking with priests and seminarians, and preparing for Holy Week. Cost is \$60 and includes overnights and all meals (financial assistance is available if needed). Retreat starts Friday at 6:30 p.m. and concludes Sunday after lunch. For more information or to register, contact Fr. J.D. Jaffe at 703-841-2514 or vocations@arlingtondiocese.org. Deadline to register is March 14. There is a similar retreat for women June 15-17.

Visit our OLA website at:
www.olacc.org. or Follow us on
Facebook at **www.facebook.com/olaccva**

SCHEDULE OF THE WEEK

Sun	3/4	3:30 PM	Rel. Ed. Parish Center
		3:30 PM	Spa. RCIA, Conf. Rm.
		6:30 PM	Rel. Ed. Parish Center
Mon	3/5	3:00 PM	Aquinas Sports, Hall
		7:00 PM	CYM, Hall
		7:00 PM	Evening Legion of Mary, Rm. 9
		7:00 PM	OLA Choir 3, Narthex
		7:00 PM	OLA Spa. Prayer Gp. 1, Rm. 8
		7:00 PM	OLA Spa. Prayer Gp. 2, Rm. 5
		7:00 PM	Spa. Legion of Mary, Rm. 10
		7:00 PM	Spa. Women's Prayer Gp., Rm. 11
		7:00 PM	Kerygma Spa. Prayer Gp., Rm. 12
		7:00 PM	Emaus Choir, Trailer
		7:00 PM	OLA Spa. Prayer Gp., Rm. 13
		7:30 PM	Spa. RCIA, Rm. 3
		7:30 PM	RCIA, St. Sophia
Tue	3/6	5:00 PM	Rel. Ed. Parish Center
		7:00 PM	TIMON Gp., Trailer
		7:00 PM	Young Adults Mtg. Conf. Rm.
		7:00 PM	ESL, Rms. 8 -13
		7:00 PM	Spa. Bible Class, St. Sophia
		7:00 PM	Altar Boys Rm. Mtg.
Wed	3/7	3:00 PM	Aquinas Sports, Hall
		6:30 PM	Bears, CS, Rm. 8
		6:30 PM	Wolves, CS, Rm. 9
		6:30 PM	Webelos, CS, Rm. 11
		7:00 PM	OLA Choir 3, Narthex
		7:00 PM	OLA Spa. Prayer Gp. 2 Rm. 10
		7:00 PM	Cursillo Movement, Conf. Rm.
		7:30 PM	Boy Scouts, Hall
		7:30 PM	Eng. Choir, Church
Thu	3/8	9:45 AM	Spiritual Reading P. Conf. Rm.
		3:00 PM	Aquinas Sports, Hall
		6:00 PM	Cursillo Event, Hall
		7:00 PM	ESL, Rms. 8-13
Fri	3/9	5:30 PM	Soup Kitchen, Hall
		6:00 PM	OLA S. Prayer Gps 1 & 2, St S & Rm. 5
		6:00 PM	Spa. Youth, Rm. 3
		7:00 PM	Spa. Choir 2, Church
		6:30 PM	Spanish Choir 4, Rm. 9
		7:30 PM	Spanish Choir 5, Rm. 2
Sat.	3/10	9:45 AM	CWM, Conference Room
		10:00 AM	Jr. Legion of Mary, Rm. 3
		3:00 PM	Kerygma Prayer Gp., Rm. 9 & Rm. 5
		5:00 PM	Spa. Retreat, Hall & Kitchen
		7:30 PM	Spa. Emaus Gp., Rm. 13
		7:30 PM	Spa. Couples Marriage Prep., Hall

SOUP SUPPERS

Soup Suppers began on Friday, February 16th. We start serving at 5:30pm in the parish hall. The Work Camp Team will be hosting the suppers as a way to serve the Parish and begin fundraising for Work Camp. The suppers are free. Any donations will go toward Work Camp. Please bring your family every week to show your support and stay for the Stations of the Cross at 6:30 pm. Stay tuned for more information on how to get involved with the Soup Suppers. Here is the link to the sign-up page: <http://www.signupgenius.com/go/4090a44a5ac2aa2f85-olalenten1>. Please go to our Website to sign-up.

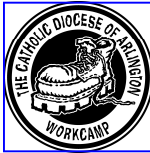


READINGS FOR THIS WEEK THIRD SUNDAY OF LENT MARCH 4, 2018

Monday: 2 Kgs 5:1-15b; Ps 42:2, 3; 43:3, 4; Lk 4:24-30
 Tuesday: Dn 3:25, 34-43; Ps 25:4-5ab, 6-7bc, 8-9;
 Mt 18:21-35
 Wednesday: Dt 4:1, 5-9; Ps 147:12-13, 15-16, 19-20;
 Mt 5:17-19
 Thursday: Jer 7:23-28; Ps 95:1-2, 6-9; Lk 11:14-23
 Friday: Hos 14:2-10; Ps 81:6c-11ab, 14, 17;
 Mk 12:28-34
 Saturday: Hos 6:1-6; Ps 51:3-4, 18-21ab; Lk 18:9-14
 Sunday: 2 Chr 36:14-16, 19-23; Ps 137:1-6;
 Eph 2:4-10; Jn 3:14-21
 Alternate readings (Year A):
 1 Sm 16:1b, 6-7, 10-13a; Ps 23:1-6;

OLA'S YOUTH MINISTRY

The Youth Group meets every Monday evenings from 7:00 pm to 8:30 pm in the parish hall. There are a few spaces open on the OLA Work Camp Team. Don't miss this amazing opportunity to help our neighbors in Fredericksburg and transform your own life at the same time.



Due to the number of youth already signed up for Work Camp, we are in need of more adult volunteers to make this trip possible. We need contractors, and security. Contact Dan Foos dan@foosfamily.org or Nick Huff nhuff@olacc.org to register for Work Camp.

PREVIEW TO CATHOLIC HIGH SCHOOL



Paul VI Catholic High School is hosting a *Preview to Catholic High School* for all 7th and 8th graders and their families on **Wednesday, March 6th at 7:00PM**. This is an opportunity to learn about our new campus, academic, athletic, fine arts and special programs. No reservations are needed. Contact ehanley@pvpanther.net with questions.

OUR CHOIR NEEDS ADDITIONAL/NEW MEMBERS

Our choir is looking for additional/new members! Please prayerfully consider joining us. Rehearsals are on Wednesdays at 7:30 pm. Knowledge of music notation is not required BUT commitment and desire to sing for God are. Please contact Maryla Gorla at 325-212-7129 if you have any questions. "He who sings, prays twice" - St. Augustine.



Ushers Needed

Are you willing to serve?

We are in need of ushers for the 11 a.m. Sunday Mass. If you regularly attend the 11 a.m. Mass, and are interested in helping, please contact Keri Shanks at 703-380-3875 or kerishanks@aol.com. Training will be provided.

OLA CONTRIBUTION UPDATE

The First Collection for the weekend of **February 17 & 18** amounted to **\$ 20,175.80**
 For the Weekend of February **24 & 25** amounted to **\$21,661.05**.

Our Parish needs everyone's help. We spend one hour with Jesus per week at Mass. Can your household also contribute at least one Holy Hour per week in our Adoration Chapel, at least one hour's income per week to the offertory, or at least one hour's service per week to a parish activity?

SPRING MULCH FUNDRAISING SALE

Boy Scout Troop 1365, sponsored by OLA, is holding its Spring Mulch Fundraising Sale this month, with delivery of mulch on Saturday, March 10th. The bags are 2 cubic foot and cost \$4.00 each. Three different types of mulch are offered for sale, including Central Hardwood, Shredded Pine, and Rappahannock Mini-nuggets. Order forms can be found on the Fundraisers page of the Troop website (<http://troop1365.ScoutLander.com>). If you have any questions about this fundraiser or need a flyer sent to you, please call 703-447-8552.



WORLDWIDE MARRIAGE ENCOUNTER (WWME)

"And hope does not disappoint, because the love of God has been poured out into our hearts through the Holy Spirit who has been given to us." Let the Holy Spirit acknowledge and increase our love for our spouses while we participate in a **Worldwide Marriage Encounter (WWME)** weekend. The next weekends are: Sep 21-23, 2018 in Herndon, VA and Apr 20-22, 2018 in Gaithersburg, MD. Early sign up is recommended. For more information visit our website at: RenewMarriage-VANorth.org or contact us at applications@renewmarriage-vanorth.org or 703-646-1521

WOMEN'S SILENT RETREAT



Event Date: March 15-18, 2018. The Women's Silent Retreat: Encountering the Eucharistic Lord in the Mystery of the Mass will take place from March 15-18, 2018 at San Damiano Retreat Center in White Post, VA. It will be led by Fr. Jacob Restruck, OP. To learn

more visit www.arlingtondiocese.org/retreatforwomen.

CATHOLIC WOMEN'S COUNCIL

Father Thomas will be the speaker for the Catholic Women's Council meeting on Saturday March 10th at 9:45 AM in the Conference Room of the church. All women of the parish are invited. A light breakfast will be served.

2 GIFTS FOR THE SEMINARIAN EDUCATION ENDOWMENT FUND (SEEF)

Please support our seminarians and SEEF, a permanent endowment fund established in 2011. SEEF's income provides funding for annual seminarian expenses such as room, board, tuition, health insurance and books, which total almost \$40,000 per seminarian. Please give generously! To donate, make checks payable to: "Foundation for the CDA – SEEF." Mail to: The Foundation, 200 N. Glebe Road, Suite 811, Arlington, VA 22203. Contact Gretchen Koch at g.koch@arlingtondiocese.org or (703) 841-3819 with questions.

MINISTERIO EN ESPAÑOL

Párroco: Rvdo. J. Kevin O'Keefe

Vicario Parroquial: Rvdo. Alexander Díaz

Vicario Parroquial: Rvdo. Zacarías Martínez

Vicario Parroquial: Rvdo. Thomas B. Cavanaugh

Diácono: Diácono Anthony Calderón

Teléfonos: 703-494-2444 ó 703-494-5013

Misa: Sábado: Vigilia 6:30 PM—Domingo a las 12:30 PM y a las 2:00 PM.

Bautismos: se requiere asistir a la charla pre-bautismal para poder bautizar a su niño/a. Estas son cada segundo lunes del mes a las 7:30pm en el salón de conferencias, sótano de la Iglesia. Favor llegar temprano **no se admitirá si llega tarde y no se admiten niños.**

Debe venir a la Rectoría UN MES ANTES para reservar la fecha para bautizar. Los bautizos son el primer y el tercer sábado de cada mes, **si hay cupo disponible.**

Confesiones: lunes y viernes a las 6:30pm, y sábados a las 3:30 PM .

Matrimonios: es necesario hablar con el sacerdote 703-494-2444 seis (6) meses antes de la boda.

Quinceañeras: 1) La quinceañera debe asistir a un retiro como requisito de la Diócesis. 2) Venir a la oficina de la Rectoría a firmar el contrato y fijar la fecha de la Quinceañera. 3) Ser confirmada o inscrita en clases de preparación para la Confirmación. **La Misa no está siempre disponible para la celebración de quinceañeras. Por favor haga su reservación SEIS MESES ANTES en la oficina de la Rectoría, de 8:30 a 3:30pm, de lunes a viernes.**

Grupo Legión de María: Lunes a las 7:00 pm en el salón número 10 del Colegio.

Grupo de Oración Nuestra Señora de los Angeles: se reúne los viernes a las 6:00 pm en el Gimnasio.

Grupo de Parejas: se reúne todos los segundos sábados a las 7:30 pm en el salón Santa Sophia del Colegio Aquinas.

Grupo Kerygma: los sábados a las 7:30 pm en el salón 9.

Grupo de Damas, A Jesús por María: todos los lunes a las 7:00pm en el salón 11. **Grupo de Emaús:** todos los sábados a las 7:30 en el salón número 8.

LA LUZ ESTA ENCENDIDA PARA TI

Durante la Cuaresma, todas las Iglesias de la Arquidiócesis de Washington, DC y de la Diócesis de Arlington estarán abiertas para confesiones, todos los miércoles de 6:30 a 8:00pm.

El Acto de Contrición es un arrepentimiento sincero por haber ofendido a Dios y es el acto más importante por parte del penitente. No puede haber perdón de los pecados si no nos arrepentimos de verdad, y si no tenemos una firme decisión de no cometer el mismo pecado.

PROYECTO RAQUEL

No tienes que seguir sufriendo por el trauma del aborto, el Proyecto Raquel te ofrece sanación y esperanza a través de consejería y reconciliación sensitiva, confidencial y privada. Llama al teléfono: 703-841-3810.



Visite nuestra página web:
www.olacc.org Síguenos en Facebook:
www.facebook.com/olaccva

LECTURAS DE LA SEMANA TERCER DOMINGO DE CUARESMA — 4 DE MARZO DE 2018 —

Lunes: 2 Re 5:1-15b; Sal 42 (41):2, 3; 43:3, 4; Lc 4:24-30
Martes: Dn 3:25, 34-43; Sal 25 (24):4-5ab, 6-7bc, 8-9; Mt 18:21-35
Miércoles: Dt 4:1, 5-9; Sal 147:12-13, 15-16, 19-20; Mt 5:17-19
Jueves: Jer 7:23-28; Sal 95 (94):1-2, 6-9; Lc 11:14-23
Viernes: Os 14:2-10; Sal 81 (80):6c-11ab, 14, 17; Mc 12:28-34
Sábado: Os 6:1-6; Sal 51 (50):3-4, 18-21ab; Lc 18:9-14
Domingo: 2 Cr 36:14-16, 19-23; Sal 137 (136):1-6; Ef 2:4-10; Jn 3:14-21
Lecturas alternativas (Año A):
1 Sm 16:1b, 6-7, 10-13a; Sal 23 (22):1-6; Ef 5:8-14; Jn 9:1-41 [1, 6-9, 13-17, 34-38]

COLECTA SEMANAL

El Total de la Colecta del Fin de Semana de **17 & 18 de febrero** ascendió a **\$ 20,175.80**

El Total de la Colecta del Fin de Semana de **24 & 25 de febrero** ascendió a **\$ 21,661.05**

Nuestra Iglesia, todos los días necesita de la ayuda de toda la Comunidad Latina. Por favor recuerde sus contribuciones semanales. Dependemos de sus donativos financieros para el mantenimiento de la parroquia, para pagar los servicios, el personal administrativo y los gastos inesperados. Su generosidad y consideración serán cordialmente agradecidos. Bendiciones!

¿COMO HACER UNA BUENA CONFESION?

La confesión no es difícil pero requiere preparación. Debemos empezar con una oración, ubicándonos ante la presencia de Dios, nuestro Padre Amado. Buscamos sanación con el perdón, a través del arrepentimiento y la decisión de no volver a pecar. Entonces revisamos nuestras vidas desde nuestra última confesión, buscando nuestros pensamientos, palabras y acciones que no estuvieron conforme con mandamiento de Dios de amarlo a ÉL y a los demás por medio de la obediencia a las leyes de SU Iglesia.

Cómo hacer un exámen de conciencia:

- Comience con una oración pidiendo la asistencia de Dios.
- Revise su vida con la ayuda de algunas preguntas basadas en los 10 Mandamientos.
- Dígame a Dios cuánto siente realmente haberlo ofendido.
- Haga una firme resolución de no volver a pecar.

Esto no significa que el pecador no vaya a pecar nunca más en su vida, pero sí que está resuelto a evitar, en la medida de todas sus posibilidades, toda ocasión que pueda hacerle ofender a Dios. Pero es más que eso. No es solo, no ofender a Dios, sino tomar la decisión de amar a Dios cada vez más; de aprovechar cada ocasión para morir a nosotros mismos y a nuestros deseos, para demostrarle al Señor nuestro decidido amor.

PETICION CUARESMA DEL OBISPO

EI SEÑOR OBISPO NECESITA SU AYUDA!- Su generosidad



ayudará a nuestro Obispo a responder a muchas necesidades esenciales a través de nuestra diócesis. Por favor responda generosamente a la Apelación Cuaresmal del Obispo. Todos los feligreses tendrán la oportunidad de contribuir, ya sea por correo o en las Misas. Muchas Gracias. Si no ha enviado su sobre por correo, por favor tráigalo a la Rectoría. Gracias.

CHURCH NAME AND ADDRESS

Our Lady Of The Angels #521512
13752 Mary's Way
Woodbridge, VA 22191

TELEPHONE

703 494-2444

CONTACT PERSON

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Rosie González

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SPECIAL INSTRUCTIONS

Thank you!

Rosie

